



# DAV UNIVERSITY

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E-mail

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Website

### 5.3.3 The institution conducts/ organizes following Sports Competitions/Events

- Report with photographs on Sports Competitions/Events

Year	Name of Event	Page Number
2022-23	International Yoga Day	<u>1</u>
	Cross Country Event (Men & Women)	<u>2-4</u>
	Inter-Department Football (Men & Women)	<u>5-6</u>
	Inter-Department Volleyball (Men & Women)	<u>7-8</u>
	Inter-Department Basket Ball (Men & Women)	<u>9-10</u>
	Inter-Department Kho-Kho (Men & Women)	<u>11-12</u>



# DAV UNIVERSITY

Empowering Students with 21<sup>st</sup> century Skills

Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

**Name of Tournament: International yoga day**

**Game: Yoga**

**Dated: 21 June 2022**

**No. of Participants: 100**

Keeping up with the spirits of the nation in celebrating the International Yoga Day, DAV University celebrated the Yoga Day under the title YOG FOR PEACE AND HARMONY with great eagerness and enthusiasm. The motive of this celebration was to create awareness on the physical and mental well being among the faculty and staff. The celebration of International Yoga Day was graced by the presence of Dr. Jasbir Rishi, Vice Chancellor, DAV University; Dr. K.N. Kaul, Registrar, DAV University; Dr. R.K. Seth, Dean Academics followed by other faculty and staff members.

Extending good wishes for health, happiness and well being for all, the Vice Chancellor, Dr. Jasbir Rishi stressed on adopting Yoga to stay happy and healthy in life. She said in today's situation, practicing Yoga to keep one's mental and physical being healthy has become even more relevant. She said that regular yoga practice lead to better mental, physical and intellectual health. It positively changes the lifestyle of the people and increase the level of well being. She further advised the faculty members to be always thankful to the Almighty.

The Yoga Expert, Dr. Manju Deorari taught some important physical, mental and spiritual practices to the participants which would help them in improving their health. She guided the participants with different asanas and explained their importance in daily life.



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Jalandhar - Pathankot, National Highway (NH 44), JALANDHAR- 144 012, Punjab

**Name of Tournament: National Sports Day**

**Game: Cross Country**

**Dated: 29<sup>th</sup> August, 2022**

**No. of Participants:**

**Supporting Docs. :**

**Event Report –**

DAV University conducted 9<sup>th</sup> cross country race on 29<sup>th</sup> August 2022 on the occasion of national sports day. The race began at 6 am from university ground with an enthusiastic start by Dr. Yeshbeer Singh (Dy. Dir. Of Sports) along with the faculty of Physical Education and Sports department. Approximately 100 students participated in the event from various departments of the university. The distance for men and women was 12km and 05km respectively. Various committees like Medical, Hospitality and Track marshals done their work properly and in a synchronized manner therefore participants which served as the source of energy and encouragement. The winners were awarded with certificates and cash prizes. After the event refreshment was distributed between all the participants and faculty members. The event was come to its end by an inspirational speech of Dr. Yashbeer Singh (Dy. Dir. Of Sports).



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## GIRLS RESULT

Name	Reg. No.	Class	Typing(minutes)	Result
Prachi	12001354	BSc in Health and Phy. Edu. final year	21:57	1 <sup>st</sup>
Kajal	12201055	BSc in Health and Phy. Edu. first year	23:18	2 <sup>nd</sup>
Slemi	12000541	BSc in Health and Phy. Edu. final year	26:22	3 <sup>rd</sup>
Taniya	12000921	BSc in Health and Phy. Edu. final year	30:32	4 <sup>th</sup>
Aman	12000540	BSc in Health and Phy. Edu. final year	33:52	5 <sup>th</sup>
Ankita	12100265	BSc in Health and Phy. Edu. second year	34:38	6 <sup>th</sup>
Alpa	12001426	BSc in Health and Phy. Edu. first year	35:13	7 <sup>th</sup>
Blissneet	12200858	BSc in Health and Phy. Edu. first year	36:47	8 <sup>th</sup>
Santosh	New admission	B.P.Ed I year	32:47	9 <sup>th</sup>
Yani	12201049	BSc in Health and Phy. Edu. first year	37:32	10 <sup>th</sup>

## BOYS RESULT

Name	Reg. No.	Class	Typing(minutes)	Result
Mandhir	12001026	BSc in Health and Phy. Edu. final year	40:34	1 <sup>st</sup>
Nitin Sharma	1900284	B.Tech. CSE I <sup>st</sup> Year	43:56	2 <sup>nd</sup>
Navjot	12109524	BSc in Health and Phy. Edu. second year	45:17	3 <sup>rd</sup>
Dharminder	121101106	B.P. Ed. final	48:26	4 <sup>th</sup>
Aman	New admission	BSc in Health and Phy. Edu. first year	48:30	5 <sup>th</sup>
Ashish	12000634	B.Sc. Maths	49:35	6 <sup>th</sup>
Pankaj	New admission	B.p.Ed. first Year	49:35	7 <sup>th</sup>





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Akash	12000262	BSc in Health and Phy. Edu. third	50:05	8 <sup>th</sup>
Anirudh	12000779	B.Tec.CSE	50:11	9 <sup>th</sup>
Harpreet	12200771	BSc. in Health and Phy. Edu. first Year	51:37	10 <sup>th</sup>

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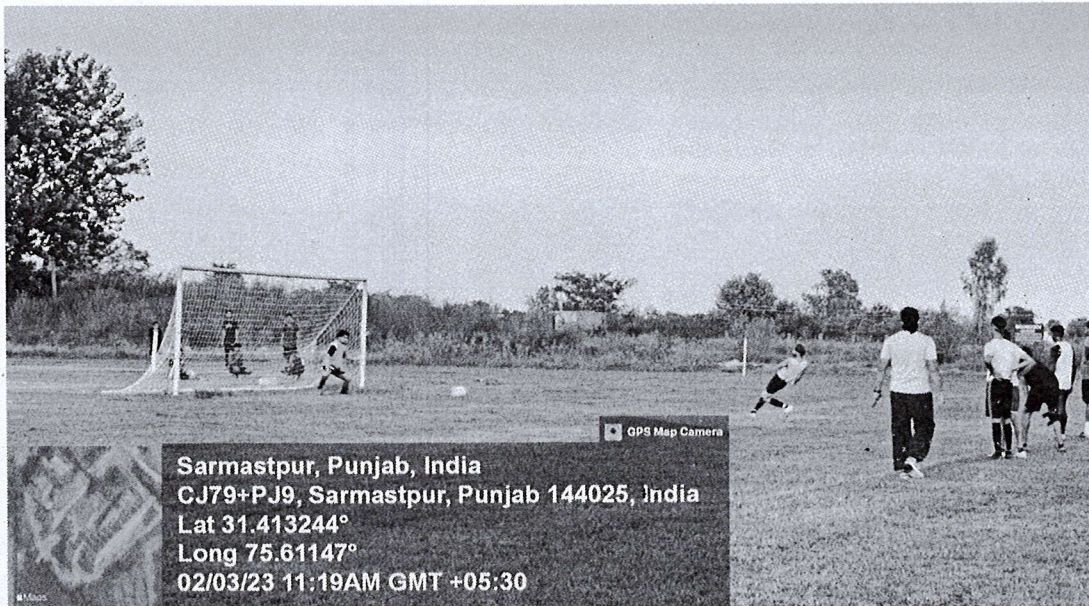
**Name of Tournament: Inter Department**


**Game: Football**

**Dated: 2-3 march 2023**

**No. of Participants: 75**

The Department of Physical Education and Sports at DAV University, Jalandhar, hosted interdepartmental football matches from August 2<sup>nd</sup> March and 3<sup>rd</sup> March, 2023. The event saw participation from around 75 students across various faculties, including Commerce and Business Management, Physical Education, Agricultural Sciences, and Engineering and Humanities.



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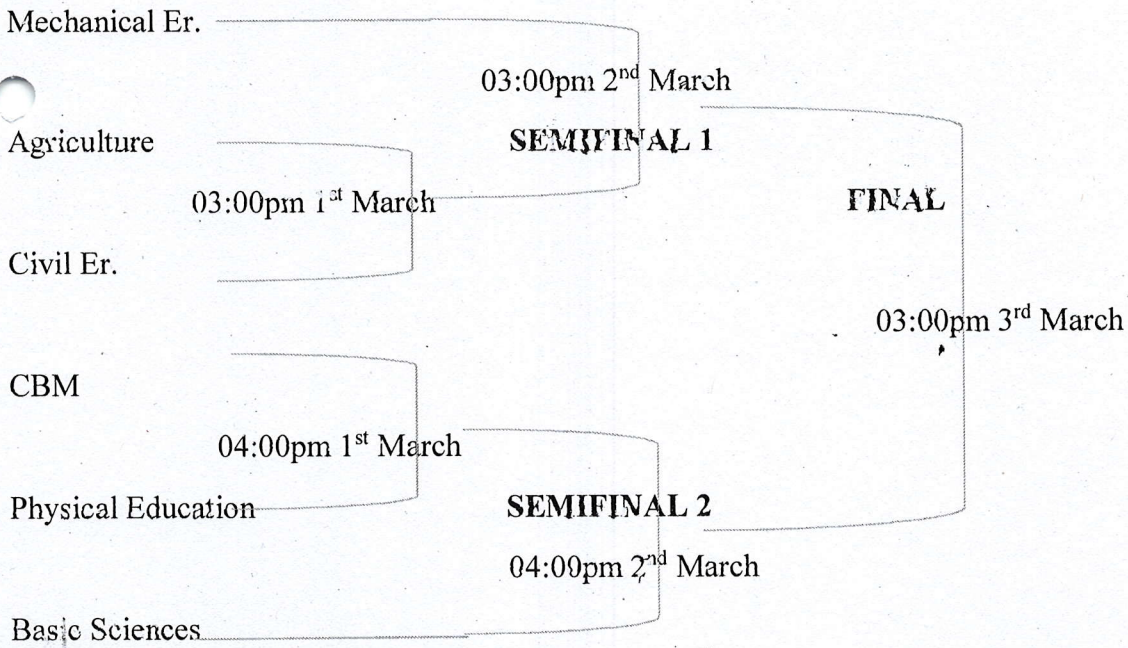
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## FIXTURE FOR INTERDEPARTMENT SPORTS EVENTS

### FOOTBALL



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*[Signature]*

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**Name of Tournament: Inter Department**

**Game: Volleyball**

**Dated: 8-10 march 2023**

**No. of Participants: 80**

From March 8<sup>th</sup> to March 10<sup>th</sup>, 2023, the Department of Physical Education and Sports at DAV University, Jalandhar, organized interdepartmental volleyball matches. Approximately 80 students from diverse faculties, including Commerce and Business Management, Physical Education, Agricultural Sciences, and Engineering and Humanities, took part in the event.



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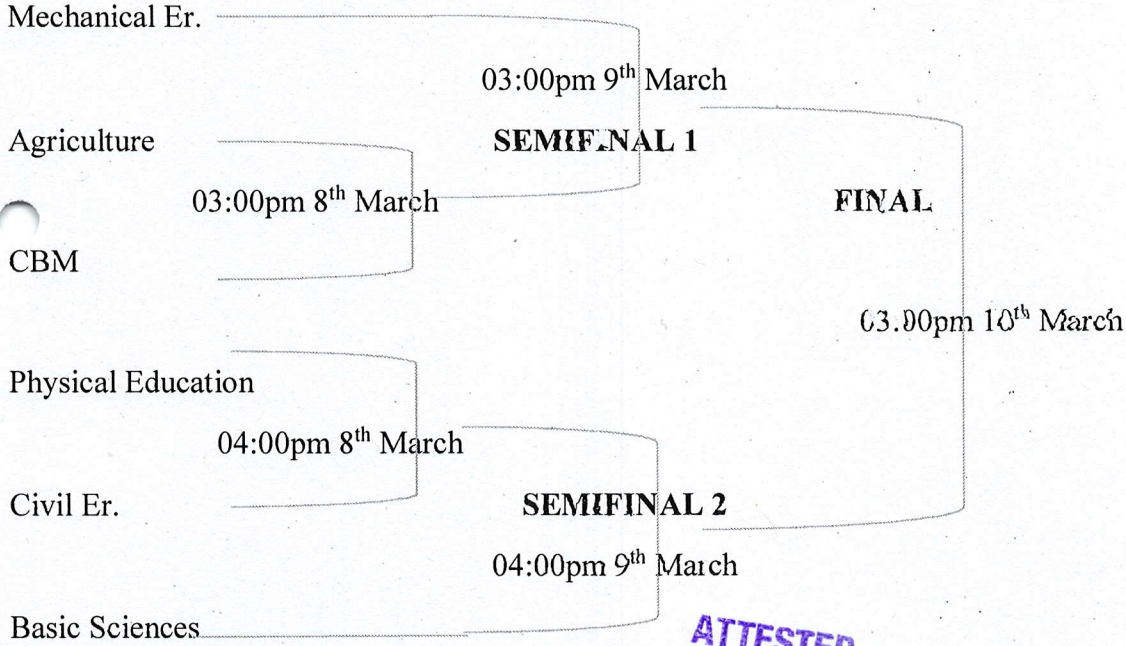


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## VOLLEYBALL



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**Name of Tournament:** Inter Department

**Game:** Basket ball

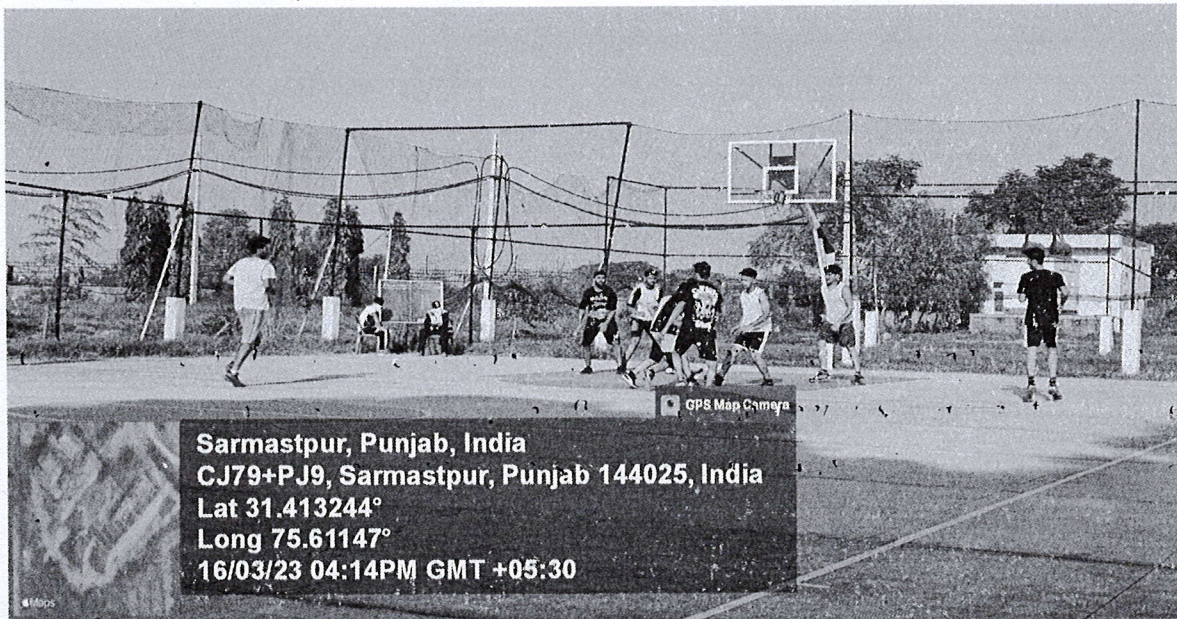
**Dated:** 16- 17 March, 2023

**No. of Participants:** 34

**Supporting Docs. :** University portal

**Event Report:**

The Department of Physical Education and Sports at DAV University, Jalandhar, organized interdepartmental basketball matches from August 16<sup>th</sup> and 17<sup>th</sup> March, 2023. Approximately 34 students participated, representing a range of faculties, including Commerce and Business Management, Physical Education, Agricultural Sciences, and Engineering and Humanities.



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*[Handwritten Signature]*  
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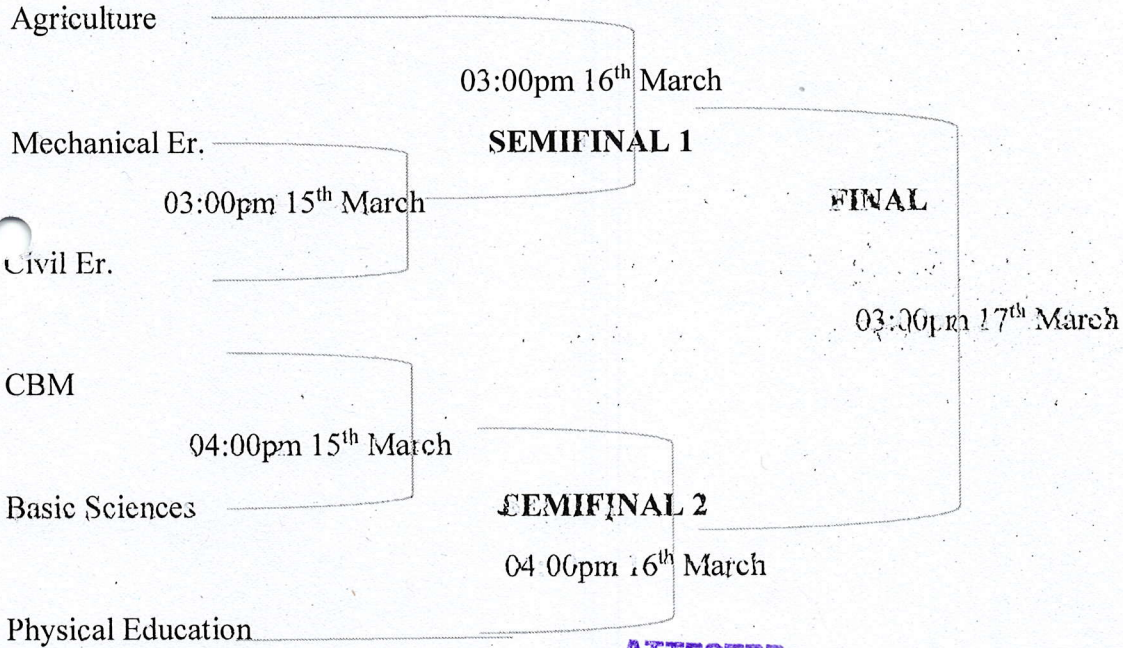


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## BASKETBALL



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**Name of Tournament: Inter department**

**Game: Kho-Kho**

**Dated: 27-28 April, 2023**

**No. of Participants: 40**

The Department of Physical Education and Sports at DAV University, Jalandhar, conducted interdepartmental kho-kho matches on 27<sup>th</sup> and 28<sup>th</sup> April, 2023. Around 40 students took part, representing various faculties such as Commerce and Business Management, Physical Education, Agricultural Sciences, and Engineering and Humanities.



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## KHO-KHO

Physical Education

03:00pm 27<sup>th</sup> April

Agriculture

03:00pm 26<sup>th</sup> April

SEMIFINAL 1

Civil Er.

FINAL

03:00pm 28<sup>th</sup> March

Mechanical Er.

04:00pm 26<sup>th</sup> April

SEMIFINAL 2

CBM

04:00pm 27<sup>th</sup> April

Basic Sciences

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